

Games and Activites For Children With Special Needs

Does your little one have a favorite tune? Dancing is a great way to show ones self expression. Involve the whole family! This is great for their motor and social skills.



Show off their creative side by painting a picture. There are no limits when it comes to imagination. This also can help with motor, coordination and self confidence. Practice physical activity in your yard by playing a simple game of catch, kick ball, duck-duck-goose or even Simon says.

Center your unique physical play according to your child's abilities



Create a Sensory table or tub a sensory bin can come in handy to integrate your child's senses and improve their attention. You can use material such as sand or beans. Be careful with smaller items that the child can swallow.





Sometimes children with developmental delays have a hard time expressing emotion.

By using a chart or card system with basic emotions can help your child identify emotions and how they may feel.